

Studio Breathing 大橋店/高宮店 Schedule

2023年6月改定

	月		火				水		木		金		土		日		
	大橋	高宮	大橋	高宮	大橋	高宮	大橋	高宮	大橋	高宮	大橋	高宮	大橋	高宮	大橋		
9:45	Reformer Maya	Private Yoko	Reformer Chika	シニアの セルフケア教室	Reformer Yoko	Private Shogo	Reformer Chika	Private Yoko	シニアの セルフケア教室	Group Chika	シニアの セルフケア教室	Reformer Chika	Private Maya	Group Yoko	Reformer		
11:00	Group Maya	Private Yoko	CoreAlign Yoko		Private Chika	CoreAlign Yoko	Reformer Shogo	Group Chika		Private Yoko		Reformer Chika	Reformer Chika	Reformer Maya	Reformer Yoko	Reformer Yoko	Group
12:15													Private Chika		Reformer Chika	Reformer Yoko	Reformer
13:30	Reformer Yoko	Private Maya	Reformer Chika	Private Yoko	Reformer Maya	Private Yoko	Reformer Shogo	Reformer Chika	Reformer Yoko	Reformer Yoko	Reformer Yoko	Reformer Maya	担当は週替わりです。 予約システムまたは受付にてご確認ください。				
14:45	Private Yoko	Reformer Maya	Private Chika	Private Yoko	Reformer Maya	Reformer Yoko	Reformer Chika	Reformer Yoko	Reformer Yoko	Reformer Yoko	Group Maya	Private Yoko					
16:00	Reformer Yoko	Private Maya	Private Chika	Private Yoko/Maya	Private Yoko	Private Yoko	Private Chika/Maya	Private Chika/Maya	Reformer Yoko	Reformer Yoko	Reformer Yoko	Private Maya					
17:45~			17:45~					17:45~				17:15~					
	Reformer Yoko		Private Yoko					Reformer Maya				Private Yoko					
19:00~			19:00~				18:30~		19:00~			18:30~					
	Group Yoko		Reformer Yoko				Reformer Yoko	Group Maya	Group Maya	Reformer Yoko	Reformer Yoko						
20:15~			20:15~				19:45~		20:15~			19:45~					
	Reformer Yoko		Group Ayumi		Group Ayumi	Private Yoko		Reformer Maya	Reformer Yoko	Reformer Yoko							

マンスリー・チケット会員様のポイントは、大橋店・高宮店共通でご利用頂けます。
Privateレッスンのご予約は受付にて承っております。

