Studio Breathing Schedule 大橋

**2020年6月改正**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 月曜日 | 火曜日 | 水曜日 | 木曜日 | 金曜日 | 土曜日 | 日曜日 |
| 9:45~10:45ReformerYoko/Tomoko | 9:45~10:45**Reformer****Chika /Kozue** | 9:45~10:45**Group/Miyuki****Reformer /Yoko** | 9:45~10:45**Reformer** **Yoko/Tomoko** | 9:45~10:45**Group/Chika** **Reformer/Tomoko** | 9:45~10:45**Group/Yoko****Reformer/Chika** | 9:45~10:45**Reformer****Tomoko** |
| 11:00~12:00ReformerYoko/Tomoko | 11:00~12:00**Group/Chika****Reformer/Kozue** | 11:00~12:00**Reformer** **Yoko/Miyuki** | 11:00~12:00**Group/Tomoko****Reformer/Kozue** | 11:00~12:00**Reformer****Tomoko/ Chika** | 11:00~12:00**Reformer** **Yoko/Chika** | 11:00~12:00**Group****Tomoko** |
| 13:30~14:30Reformer Yoko | 13:30~14:30**Reformer****Chika** | 13:30~14:30**Reformer** **Yoko** | 13:30~14:30**Reformer****Tomoko/Kozue** | 13:30~14:30 **Reformer** **Yoko/Tomoko** | 13:30~14:30**Reformer** **Yoko/Chika** |  |
| 14:45~15:45 Group/Yuka Reformer /Yoko | 14:45~15:45**マタニティピラティス****Chika** | 14:45~15:45**Reformer** **Yoko** | 14:45~15:45**Reformer****Tomoko/Kozue** | 14:45~15:45**Reformer** **Yoko** | 14:45~15:45**Reformer** **Yoko** |  |
| 16:00~17:00Reformer Yoko | 16:00~17:00**Reformer****Chika** | 16:00~17:00**Reformer** **Yoko** | 16:00~17:00**Reformer****Tomoko** | 16:00~17:00**Reformer** **Yoko** | 16:00~17:00**Reformer** **Yoko** |  |
| 17:45~18:45Reformer Yoko/Tomoko | 17:45~18:45**Reformer** **Yoko** | 17:15~18:15**Reformer** **Yoko** | 17:45~18:45**Reformer** **Yoko** | 17:15~18:15**Kids****Yoko** | 17:15~18:15**Reformer** **Yoko** |  |
| 19:00~20:00Group/YokoReformer/Tomoko | 19:00~20:00**Reformer** **Yoko** | 18:30~19:30**Reformer** **Yoko/Tomoko** | 19:00~20:00**Group/Yuka****Reformer/Yoko** | 18:30~19:30**Group/Kozue****Reformer /Yoko** |  |  |
| 20:15~21:15Reformer Yoko/Tomoko | 20:15~21:15**Reformer** **Yoko** | 19:45~20:45**Group****Tomoko** | 20:15~21:15**Reformer** **Yoko** | 19:45~20:45**Reformer** **Yoko** |  |  |